

Cybersecurity and the Board of Directors

Boardroom Summit & Peer Exchange

September 16, 2022

Introductions



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Agenda



> Why does cybersecurity matter?

15 mins

Gain an understanding of the current landscape of cybersecurity and cyber crime, including

- The growing attack surface
- Ransomware as a Service
- Cybersecurity trends and maturity
- Recent cybersecurity attacks

> How do boards engage with cybersecurity?

15 mins

Discuss potential means of engagement with cybersecurity for the board including

- Questions the board should be prepared to ask regarding cyber
- Roles the board can take to support cybersecurity

> What does effective cybersecurity look like?

10 mins

Discuss essential cyber capabilities including

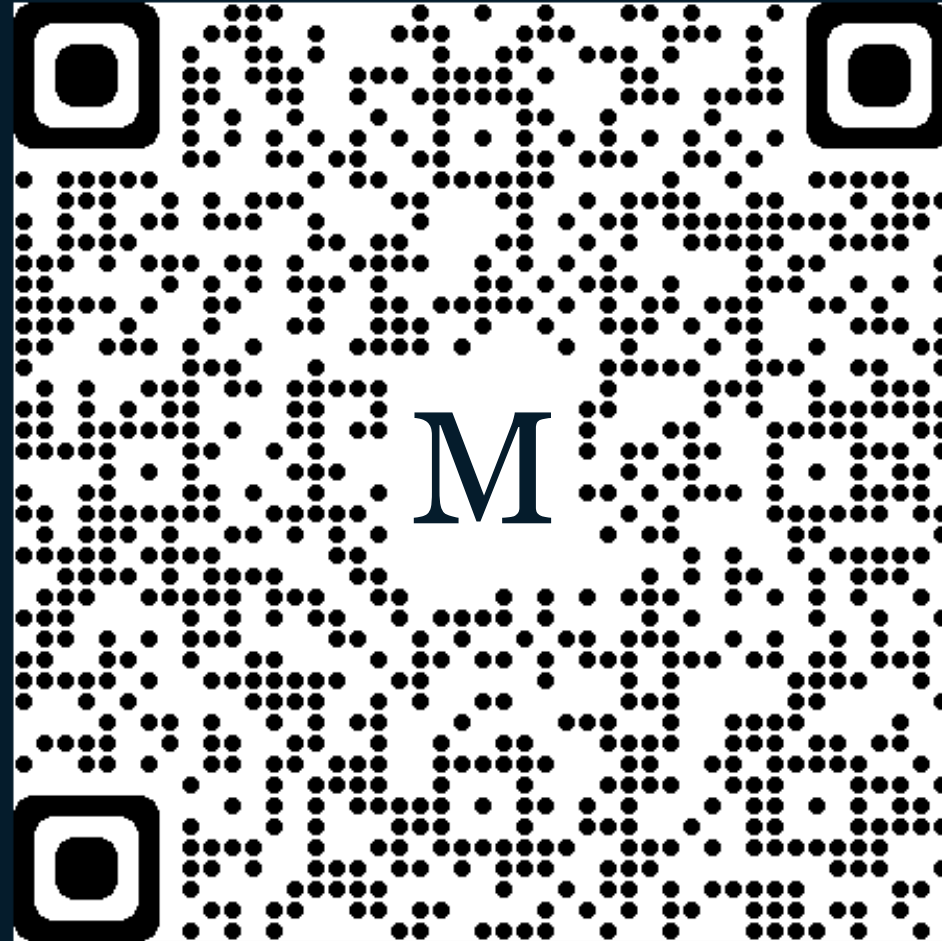
- Descriptions, objectives, and NIST dimensions covered for eight essential cyber capability groups
- Steps companies can take now to “futureproof” their cybersecurity capability

> Q&A

10 mins

Feel free to ask questions throughout the session

Please scan this QR code to download the digital material and follow along.





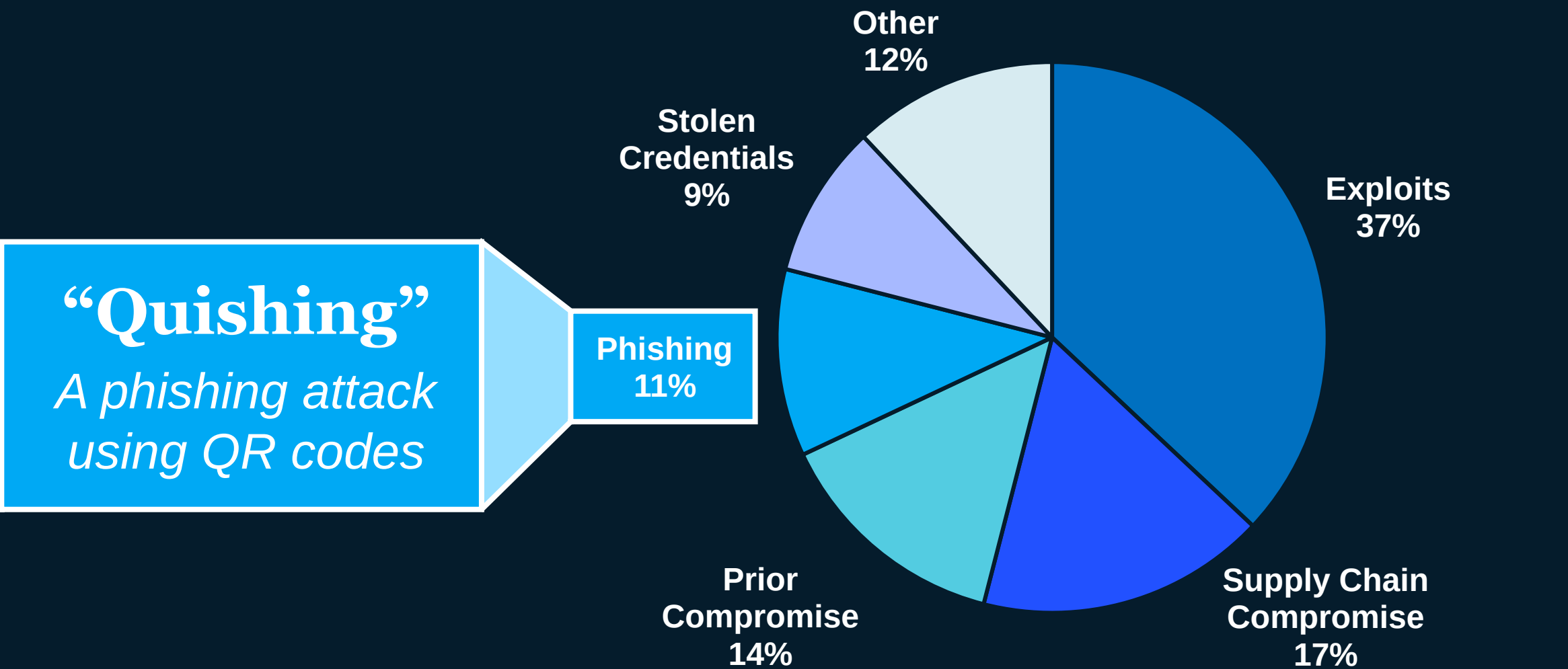
Congratulations!!!

You've just been hacked.

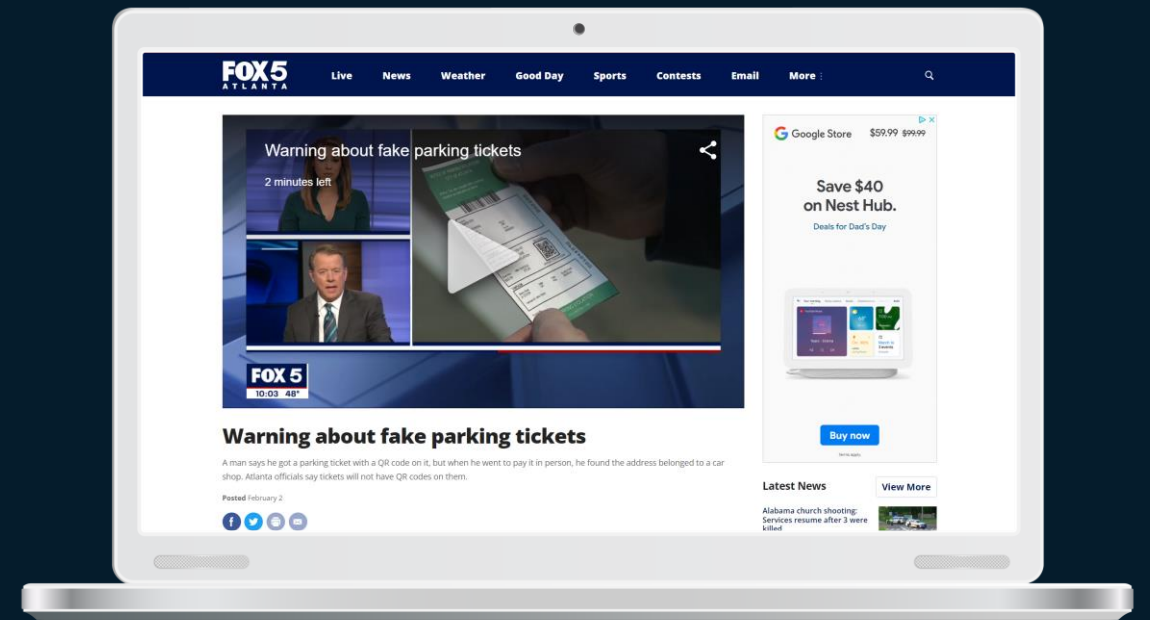
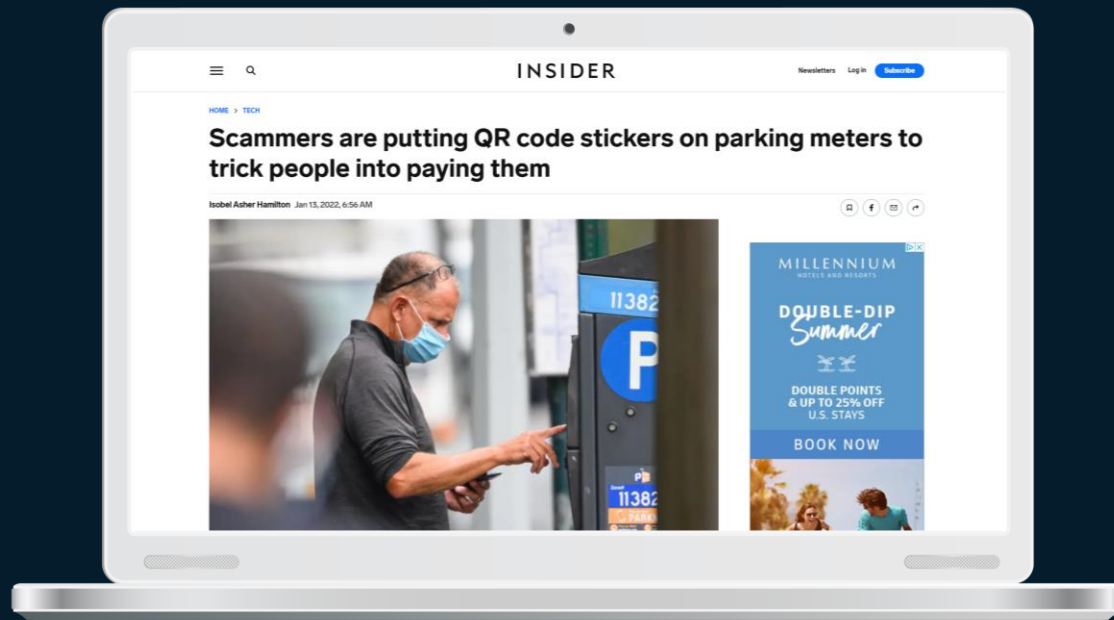
Yes, it's that easy...

(Don't worry, this is a harmless demo.)

Cybersecurity risk is everywhere, and phishing remains a top attack technique.



Law enforcement in Texas and Georgia warned of fraudulent QR code parking ticket payment links.



Source: (1) [Business Insider](#), (2) [Fox 5 Atlanta](#)

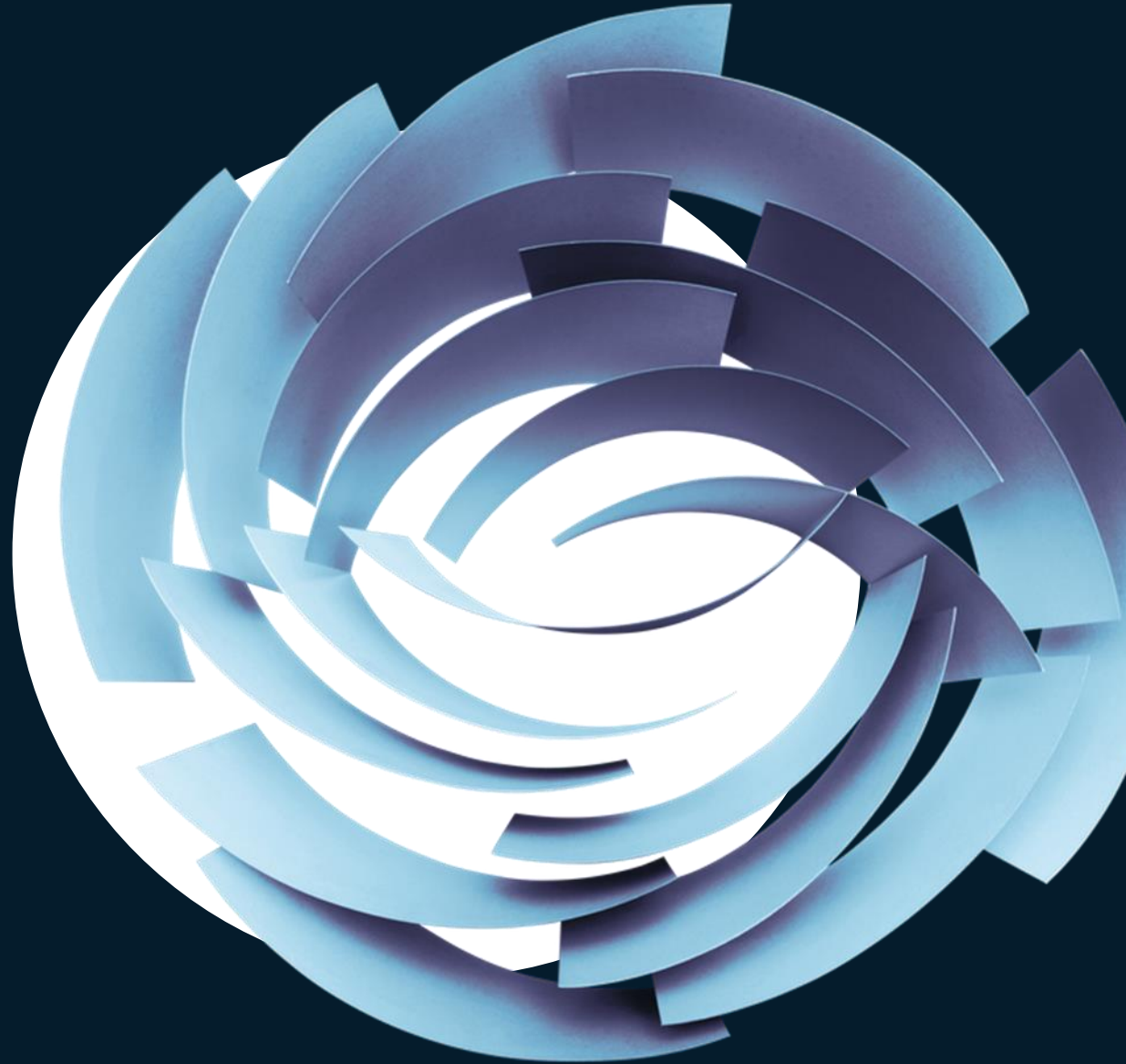
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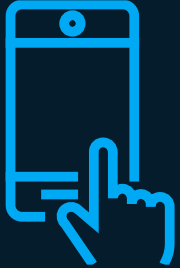
How do boards engage with cybersecurity?

What does effective cybersecurity look like?

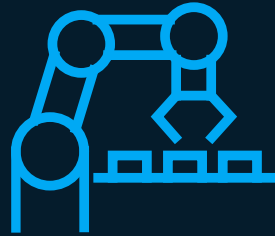
Q&A



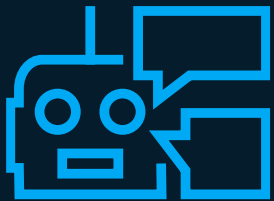
Companies continue to transform and modernize...



Mobile Apps



Connected Sensors



Artificial Intelligence



Cloud Computing

...and many more.

...increasing the cyber attack surface.

82%

...increase in
ransomware-related
data leaks in 2021¹

The cybersecurity attack surface grows with increasing digitization, connectivity and migration to cloud

1 Information Technology (IT) / Operational Technology (OT)

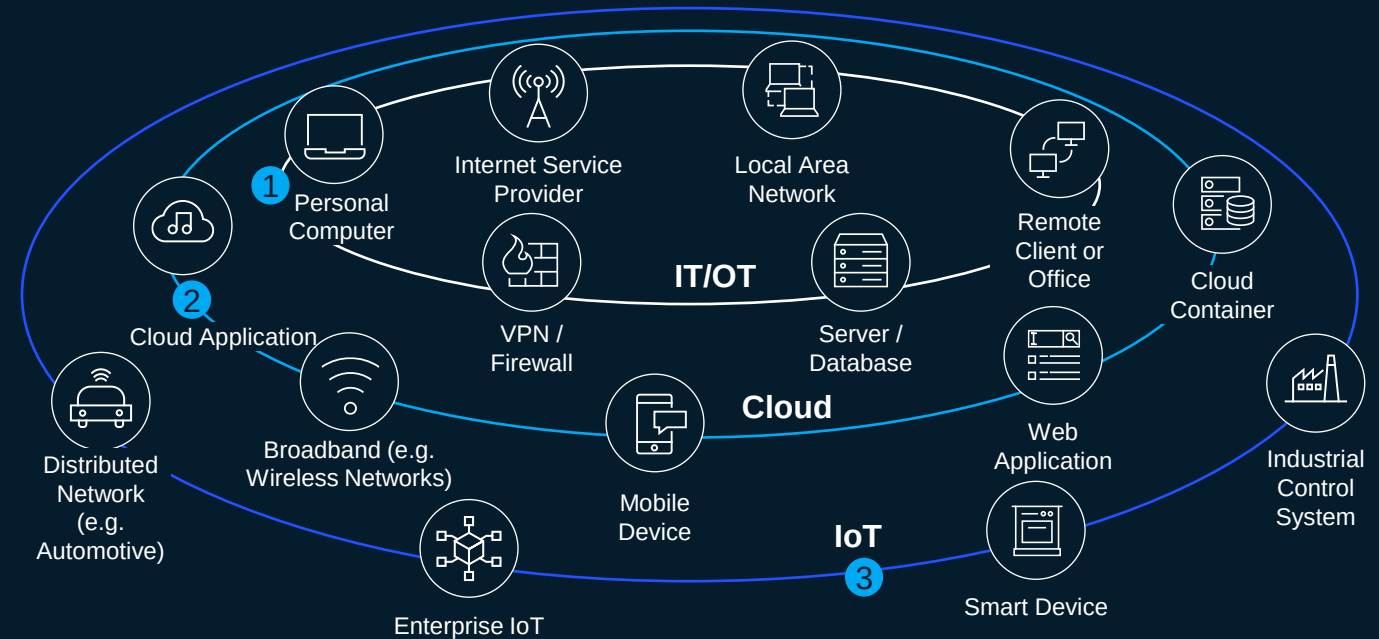
IT / OT includes all corporate owned and managed systems, including both computers and machinery.

2 Cloud / External Supplier systems

Security and privacy introduce unique challenges as cloud providers often have responsibility for maintenance and operation of security controls

3 Internet of Things (IoT)

Internet of things are systems of interconnected computing devices which communicate with one another without the need for human interaction.



Attack surface refers to the sum of systems and applications that can be exploited to carry out a cybersecurity attack. **One method of reducing the impact of a cyber-attack** is to reduce the attack surface of a given system or organization.

Impacts of growing attack surfaces can be seen through increase in ransomware



Ransomware has exploded due to broad opportunity (e.g., poor cyber hygiene at many institutions), easy access and use of Ransomware as a Service, and availability of cryptocurrencies



The majority of ransomware attacks now **include data exfiltration and extortion**, and **exfiltrated data is increasingly made public or destroyed**

Key insights

- Over 75% of ransomware breaches begin with either a **phishing email** or **remote desktop compromise**
- Ransomware often **exploits unpatched vulnerabilities** and **credential compromise**
- **"Whether to shut down the network"** is an ongoing question for leadership
- Paying the ransom is **not a guarantee for data recovery or immunity from future attacks**

While companies continue to improve internal cyber hygiene, companies should also consider...



Understand required disclosures, notifications, and other legal requirements



Wargame a potential ransomware attack



Make practical preparations for a potential attack, e.g., build an escalation pathway

Low technical barriers for entry and profitability have boosted RaaS business

What is RaaS?

RaaS, Ransomware-as-a-service, is a **subscription-based model** that enables affiliates to use already-developed ransomware tools to execute ransomware attacks.

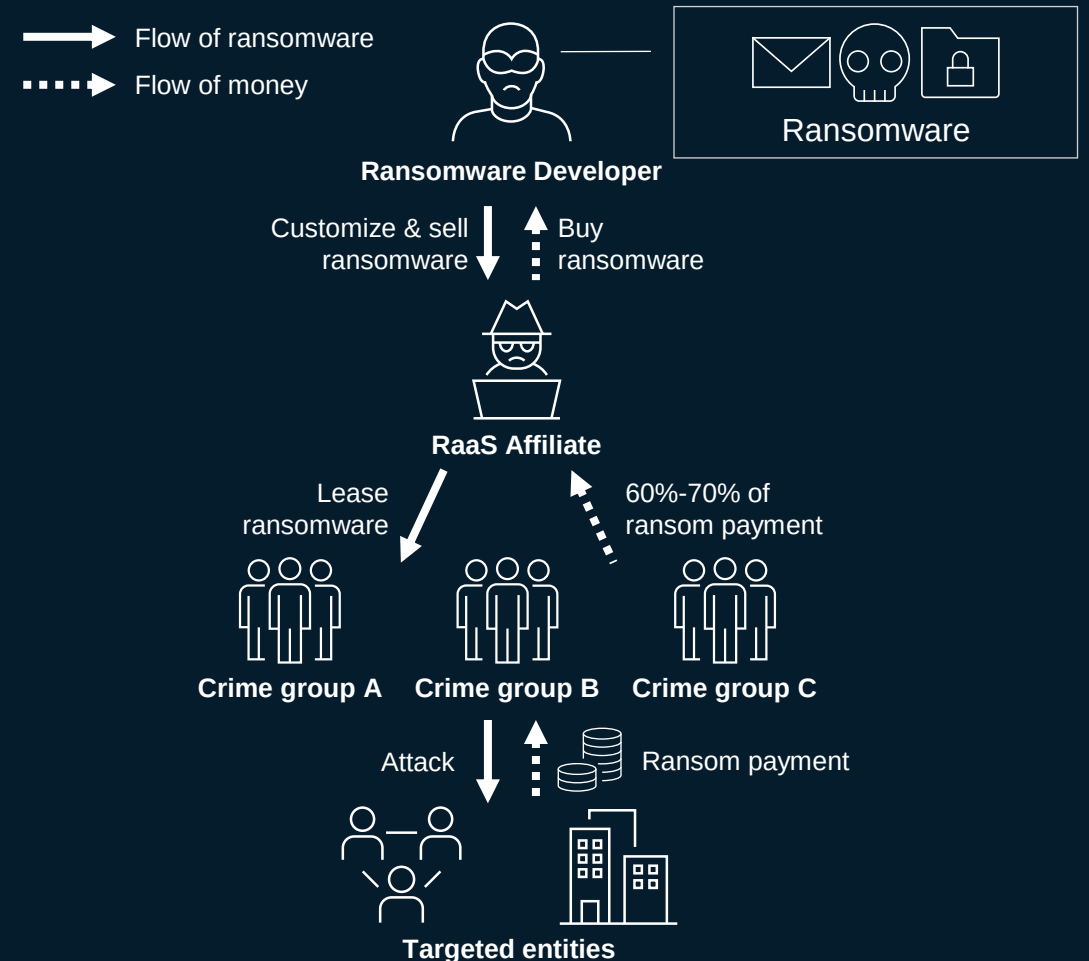
RaaS business started around 2017, and the **number of ransomware sold in the dark web has been increasing** ever since

The cost of a compromised corporate RDP credential is as little as \$3 USD, and an effective full RaaS package can be bought for as low as \$50 USD

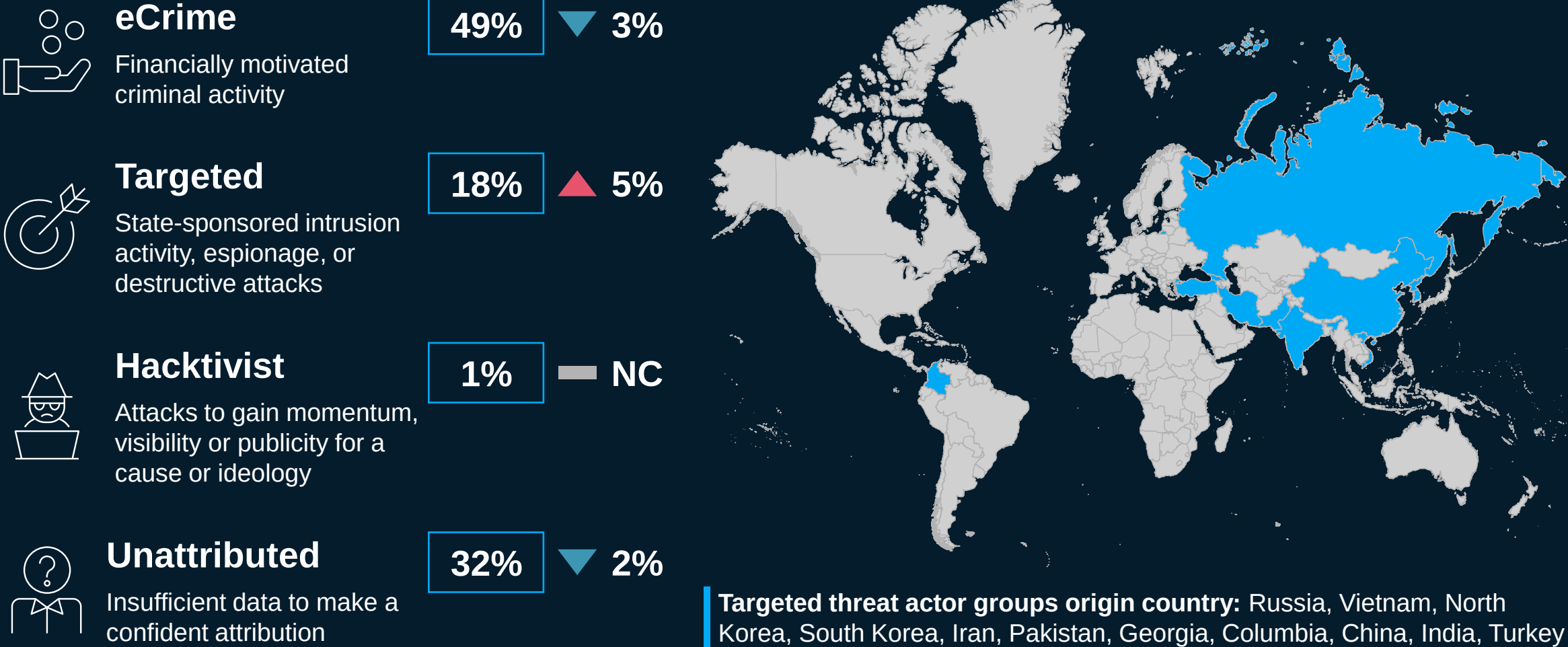
Features of RaaS

- **Low technical barrier of entry for users** – Like all SaaS solutions, RaaS users don't need skills or experience to start the ransomware attack. Also, the license fee is set low that the service is easy to reach for any crime groups.
- **Prodigious affiliate earning potential** - it pays their affiliates very high dividends, usually 60-70% of total ransom paid by the targeted entities.

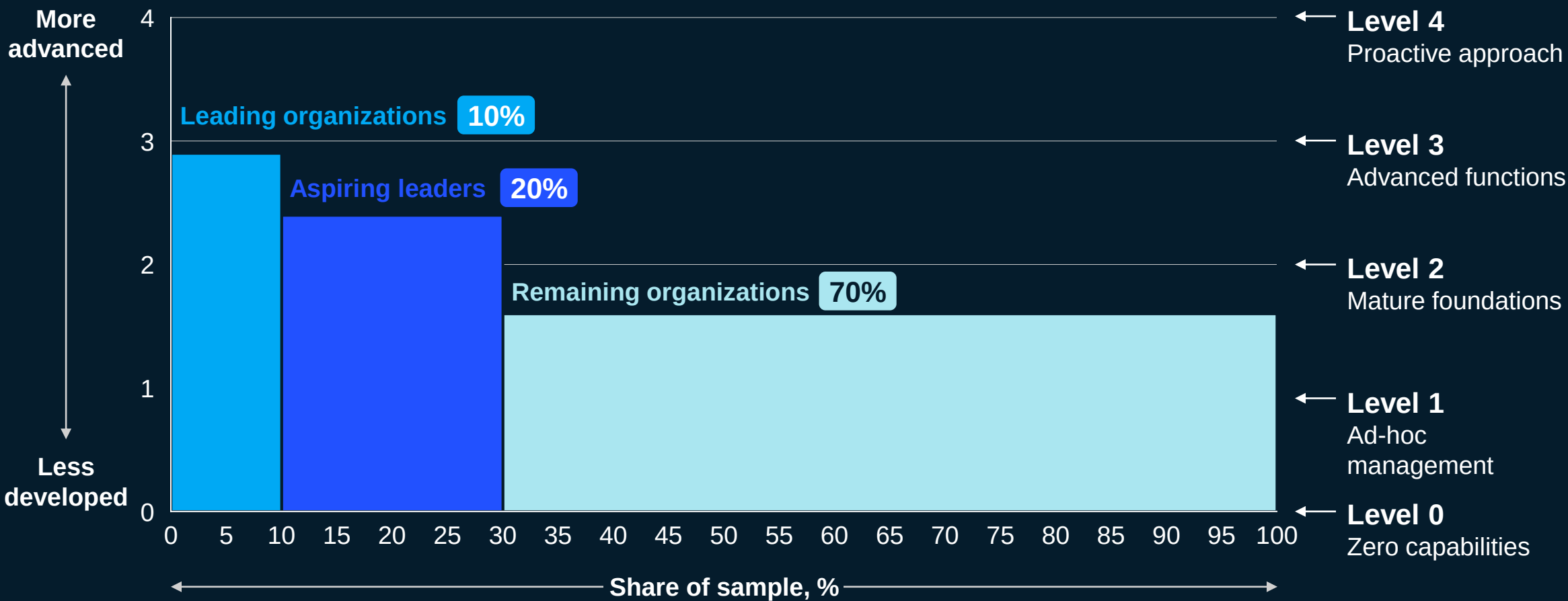
Ecosystem of ransomware



Today's attackers are well-funded, highly organized, and well-trained cyber criminals



Companies struggle to invest in cybersecurity at-pace with the rising threat

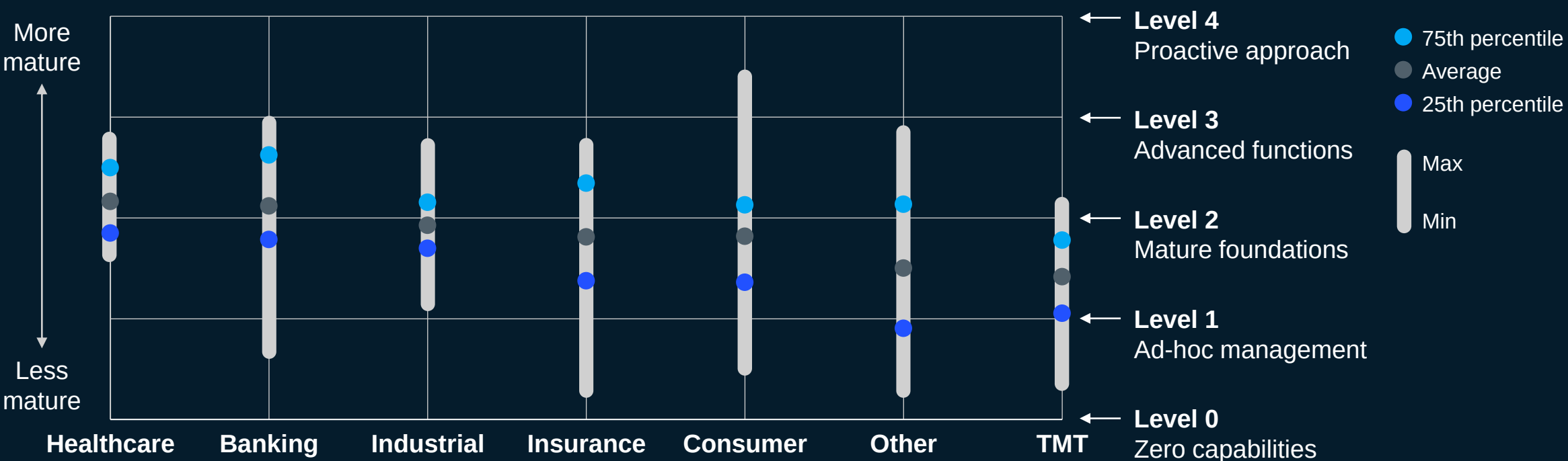


Cybersecurity maturity level survey, score (0 = low, 4 = high) (n = 114)

Industry matters when it comes to cybersecurity maturity

Cybersecurity maturity varies within sectors more than it varies from sector to sector

Cybersecurity maturity level, industry sector breakdown, score (0 = low, 4 = high) (n = 114)



Healthcare and banking are the sectors with the best overall cybersecurity-management profiles, as more than half the companies in each of these sectors have a maturity level of 2 or above; however, maturity levels still vary widely within each sector

Recent attacks demonstrate a variety of attack types

1. All information based on publicly available and reported data



Consumer goods manufacturer

Attack impact¹

2019: Payment information of customers may have been stolen

Nature of breach¹

“Unauthorized” malicious code on company website led to stolen data



Food processor

2021: Cyber attack temporarily shut down food processing operations

Ransomware attack; \$10M+ ransom paid to threat actors



Energy supplier

2021: Pipeline shut down to control IT breach; fuel shortages in eastern US

Compromise of billing system via VPN; \$4.4M ransom demands

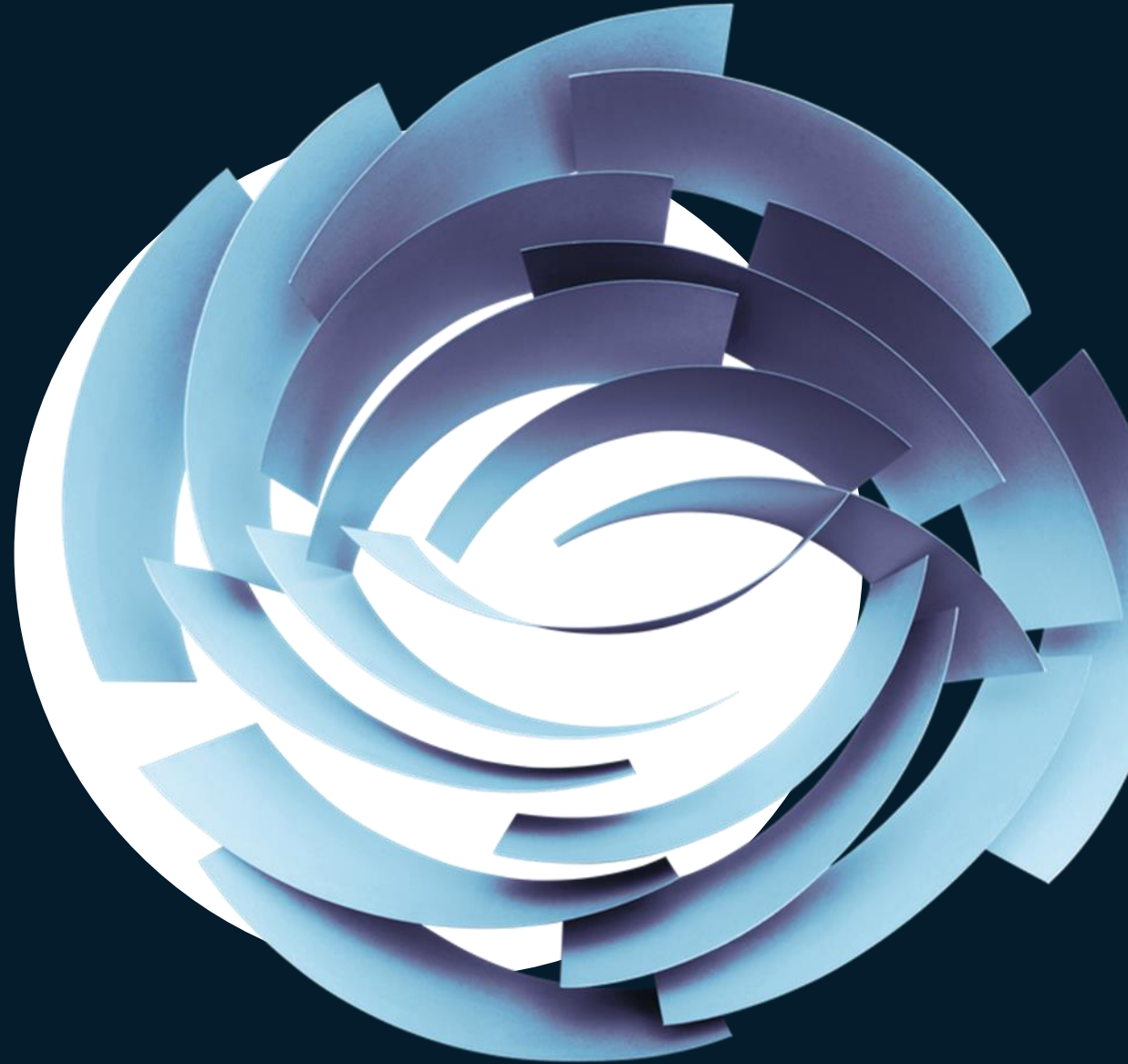
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How do boards engage with cybersecurity?

What does effective cybersecurity look like?

Q&A



For the most part, Boards tell us they are not getting what they expect on cyber – and they are increasingly concerned

What we hear from boards...

Basic **cyber education is not effective**

“... don’t know anything about cyber, I don’t even know what questions to ask”

Too much data and too **little real insights**

“The documents we get are simply too long to absorb and digest”

Communication is **not well structured**

“I can’t tell what is important and where I should focus my attention”

Metrics presented are **difficult to interpret**

“Not clear how the numbers tie to real risk levels, I wonder how we are really doing in cyber”

Progress **difficult to identify and measure**

“Doesn’t look like we’re seeing any progress in buying down risk”

Leadership **role is unclear**

“Rarely do we get anything beyond an ask for nominal approval of proposed policies”

Boards can actively engage cyber leaders in a few key ways

Helpful activities for Board Members



Participate in cybersecurity
Board education sessions



Review and challenge
3rd party security reviews



Become very **familiar with internal measurements** and compare them to external data for benchmarking



Participate in tabletop exercises to talk through the **key risks** and how a **cyber incident can be managed**



Designate a Non-executive Director as the **lead “owner” for cyber**

Ten good questions Boards should ask their CISOs

1. Where are we **most vulnerable** to cyberattacks? How long does it take to identify and remediate/patch vulnerabilities?
2. What percentage of our environment are we **logging and monitoring** for suspicious activity? Are there any areas we don't have good monitoring and detection visibility?
3. **Who would we call**, and in what order, if we were under attack? Do we have the appropriate retainers/contracts in place? (e.g. legal, forensics, crisis management, comms, etc.)
4. Are our **backups** on separate networks from our production systems? Have we tested that our **backups are not accessible** by a potential attacker?
5. When was the last time we performed **full backup restoration tests** of our systems? What were the results?
6. How long would it take to **recover** from a widespread cyberattack? In what order would we **restore** our systems if everything were down?
7. How much **cyber insurance coverage** do we have? What does it cover and not cover? Are there any special requirements we need to meet for coverage to be in force?
8. Are we testing our workforce with **phishing tests**? What have been the results this past year?
9. Are we using **multi-factor authentication (MFA)**? Are there systems where we are not using MFA and why? How are we systematically controlling privileged accounts (e.g. admin and system accounts).
10. Do we have a full list of direct and indirect **third-party vendors**? Do we know which ones are most risky from a cyber standpoint and do we have the right mitigations in place?

Regulation is increasing and forcing companies to disclose cybersecurity breaches

1

Cyber Incident Reporting for Critical Infrastructure Act (CIRCA)¹

16 critical infrastructure sectors²

2

United States Security Exchange Commission (SEC) Cyber Disclosure Rule³

Publicly listed U.S. companies

What does this mean for companies today?

Board training and expertise

Increased reporting

Investor, customer, and vendor scrutiny

More questions for the CISO/CIO

Stronger detection and response capabilities

Enhanced preparation and training

Investment in cyber program

Other countries are considering or implementing similar cybersecurity disclosure guidelines, such as India.⁴

Emerging trends in corporate cybersecurity governance



**Cybersecurity Committee/
Sub-Committee**



**Industry CISO Advisory
Board**

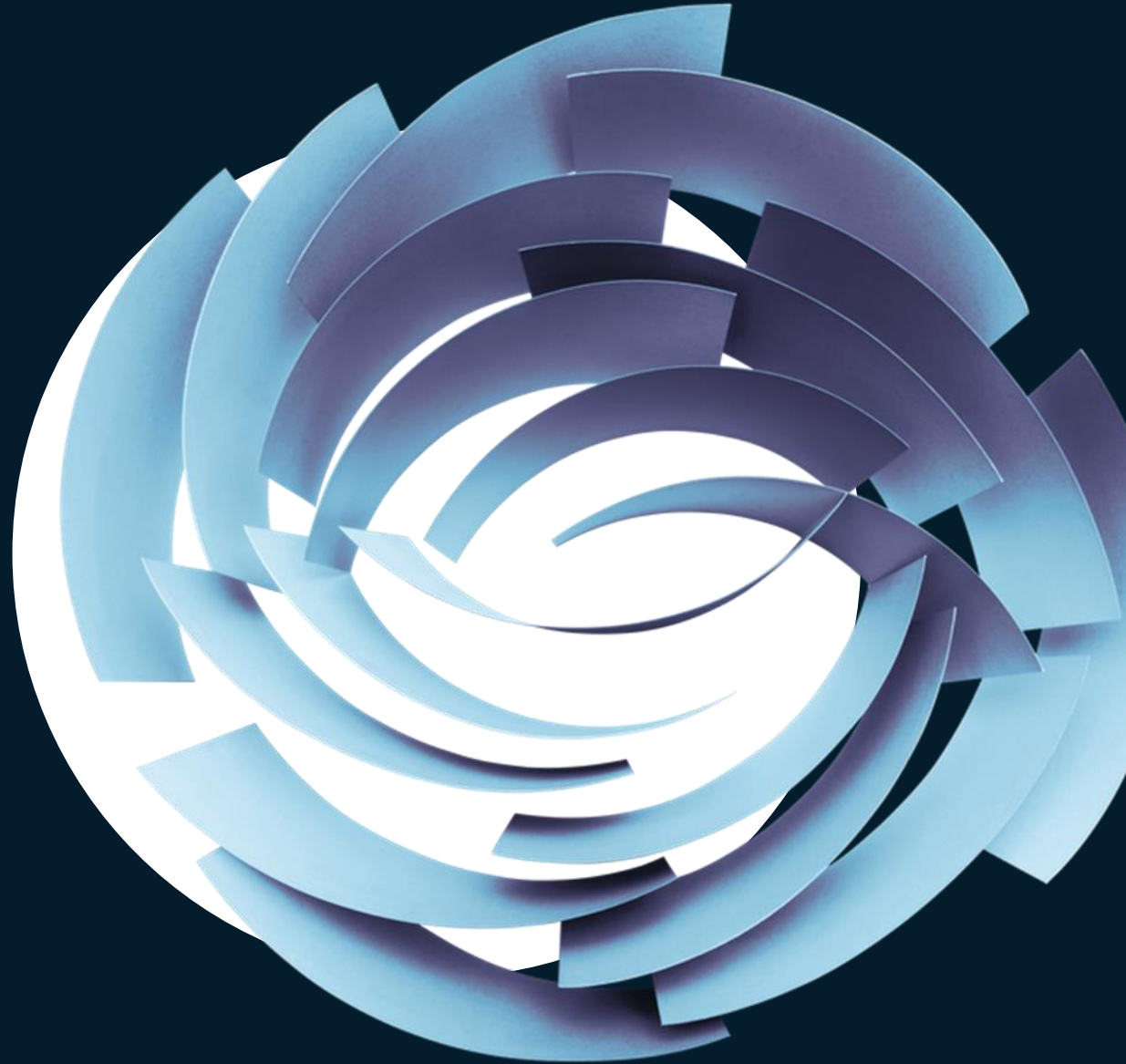
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The NIST cybersecurity framework is a set of guidelines used to assess and manage cybersecurity risks through five key functions

Cyber-security functions



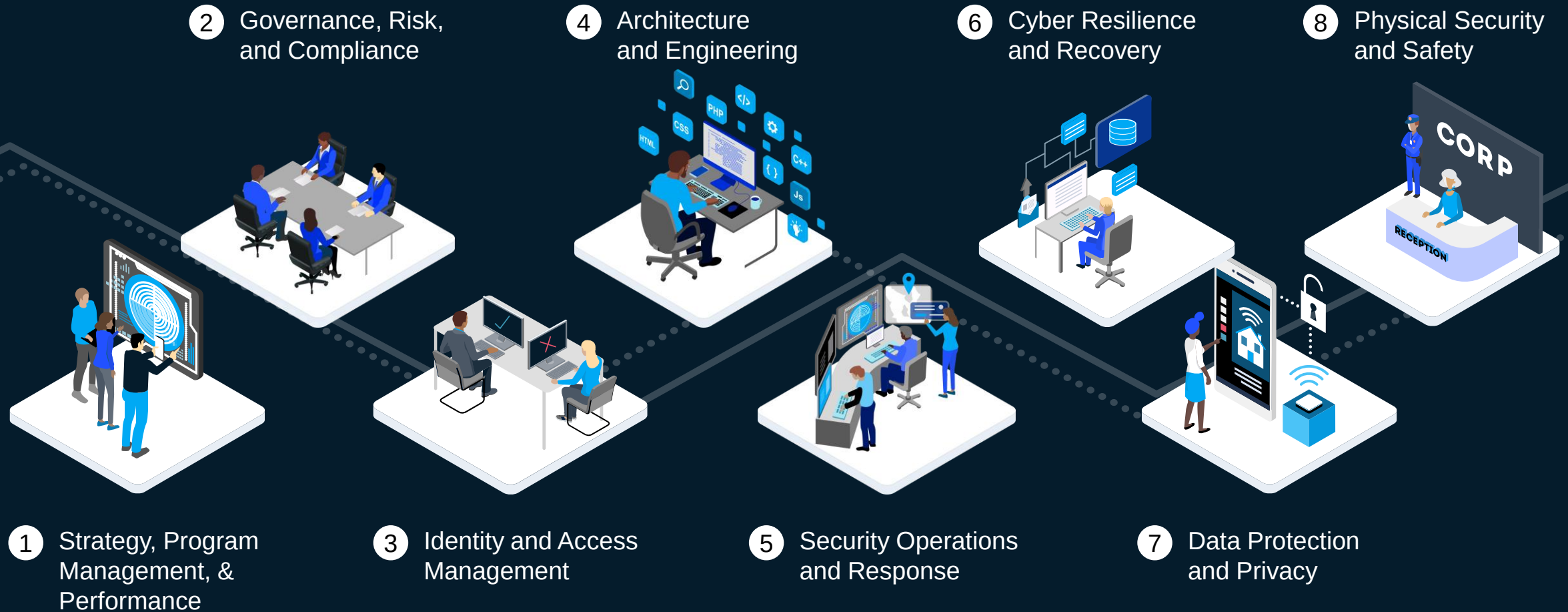
Description

Development of an organizational understanding to managing cybersecurity risk	Appropriate safeguards to ensure delivery of critical infrastructure services	Activities to identify the occurrence of a cybersecurity event	Activities to take action regarding a detected cybersecurity incident	Activities to maintain plans for resilience and restore any impaired capabilities/ services incident.
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Sample Activities

Identify top assets Understand top risks	Secure data Protect network entry points Control access rights	Monitor for unusual network activity Detect unusual behavior	Mitigate the attack Communicate with stakeholders on the incident	Restore business services Conduct postmortems Integrate learnings
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While NIST CSF provides a framework, security organizations bring it to life through capabilities



Each cyber capability has a set of sub-capabilities

(1 of 2)



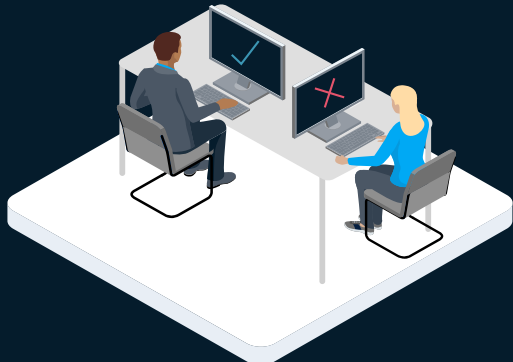
1 Strategy, Program Management, & Performance

Security Strategy	Security Project and Program Management	Security Service and Product Management
Financial Management	Talent Management	Security Team Learning and Development
Security Vendor Management	Business Relationship Management	Communications Management
Metrics and Reporting		



2 Governance, Risk, and Compliance

Security Governance	Policies and Standards	Training, Education, and Awareness
Third-Party Security Risk Management	Supply Chain Security	Security Risk Management
Digital Trust and Safety	Security Assurance	Security Compliance
M&A Security	Cyber Insurance	Insider Threat Program



3 Identity and Access Management

Identity Management	Access Management	Identity and Access Governance
Privileged Access Management	Cryptography and Key Management	Fraud

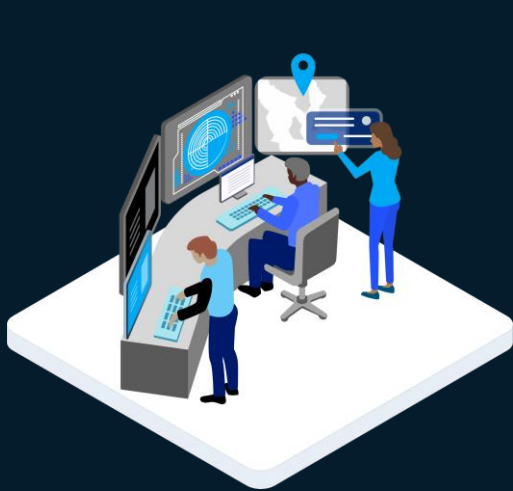


4 Architecture and Engineering

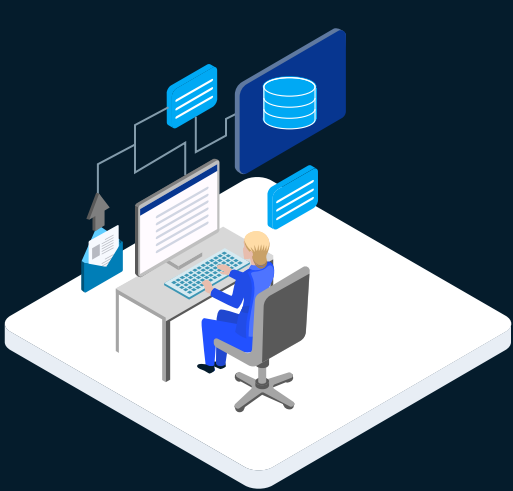
Security Architecture	Security Engineering and Integration	Security Infrastructure and Tooling
Operational Technology Security	Cloud Security	Network and Communication Security
Secure Software and Product Development	IT Asset Management	Security Consulting and Advisory
Edge and IoT Security	Emerging Technologies and Innovation	Threat Modeling

Each cyber capability has a set of sub-capabilities

(2 of 2)



5 Security Operations and Response		
Threat and Vulnerability Management	Threat Intelligence	Security Logging and Monitoring
Security Incident Response	Application Security Testing	Endpoint Security
Security Automation and Orchestration	Patch Management and Remediation	Threat Hunting and Active Defense
Forensics and Investigations		



6 Cyber Resilience and Recovery		
Cyber Crisis Readiness	Cyber Crisis Response	Cyber Recovery and Restoration
Business Continuity Management	Disaster Recovery	



7 Data Protection and Privacy		
Data Loss Protection	Data Lifecycle Management	Privacy Compliance
Privacy Operations	Encryption and Tokenization	



8 Physical Security and Safety		
Facility Security and Physical Access Control	Surveillance and Monitoring	Physical Crisis Response
Environmental Protection	Personnel and Workforce Security	Executive Protection
Physical Asset Security		

Cybersecurity futureproofing recipes (1 of 2)

Cyber transformation recipe

1. **Invest** in talent and empower your leaders

Impacted capabilities



Top 3 steps to take today

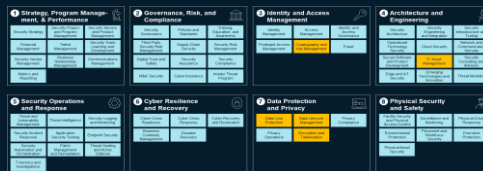
- Leadership development programs
- Invest in strong cyber recruiting pipelines
- Deploy technical upskilling/education program

2. **Know** your users and your nth party ecosystem



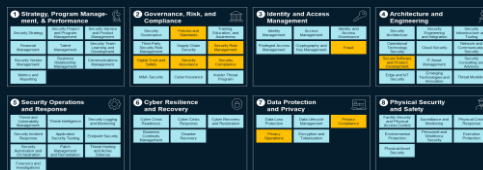
- Invest in strong IAM capabilities
- Inventory and risk-assess all third-parties
- Assess supply chain security and build resilience

3. **Defend** your assets and your data



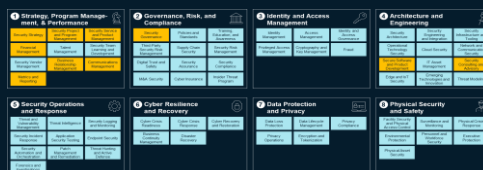
- Inventory your crown jewel assets and data
- Understand the privacy-related regulations
- Implement strong encryption over sensitive data

4. **Build** trust by design (security, privacy, and compliance) into products and services



- Develop strong DevSecPrivOps processes
- Create real-time compliance monitoring
- Train and empower development/product teams

5. **Embed** deep within the business and products and services



- Deploy BISOs & security champion program
- Measure/improve engagement and satisfaction
- Build service-oriented, platform-enabled catalog

Cybersecurity futureproofing recipes (2 of 2)

Cyber transformation recipe

Impacted capabilities

Top 3 steps to take today

6. **Listen** to your environment and prepare to respond



- Ensure completeness & depth of monitoring
- Create and exercise incident response playbook
- Assess technical readiness/response capabilities

7. **Plan** for disruption and practice “from scratch” recovery



- Perform cyber crisis simulations/wargames
- Build cyber crisis management program
- Build extreme recovery/restoration capabilities

8. **Measure**, synthesize, and communicate in business terms



- Build business-oriented board reporting
- Define the cyber metrics that matter
- Educate board and provide ongoing updates

9. **Converge** enterprise, product, OT, and physical security



- Assess OT assets & extend cyber controls
- Integrate physical and cybersecurity monitoring
- Extend security controls to customer products

10. **Adopt** a cloud-first mindset and experiment with emerging tech



- Build secure cloud landing zones & controls
- Integrate cloud security into IT/Business/products
- Reward and recognize innovation with new tech

Summary and key takeaways

Summary

Organizations continue to modernize and transform their business models into digital enterprises

While digital transformation presents unparalleled opportunities for growth, it also increases the attack surface for cyber criminal exploitation, causing widespread damage and disruption

Cyber attacks and threat actors continue to become more sophisticated and have evolved from “opportunists” to well-funded, highly organized, and well-trained cyber criminals, often backed by nation-states for geo-political gain

Companies have traditionally struggled to invest at-pace with the rising threat and have thus taken a reactive approach to protecting business operations

Planning and preparation is paramount. To create proactive cybersecurity, organizations must embed cybersecurity into all business functions by-design, creating a secure and trusted foundation rather than bolting it on after the fact

We believe effective cybersecurity creates a competitive differentiator that, when considered up-front, allows organizations accelerate their mission and protect their purpose

Key takeaways

- Cybersecurity is a strategic business risk that has the potential to disrupt but it can also be a competitive advantage when done right
- Cybersecurity threats will continue to increase in volume and sophistication, so a well-designed, well-managed, and adequately-funded cybersecurity program is vital
- Boards play a key role in overseeing cyber programs and the expectations for their involvement and knowledge about cybersecurity is increasing
- Effective cybersecurity is composed of “layers of defenses,” but its remit varies from company to company
- There are key steps organizations can take to futureproof themselves against the threats of tomorrow

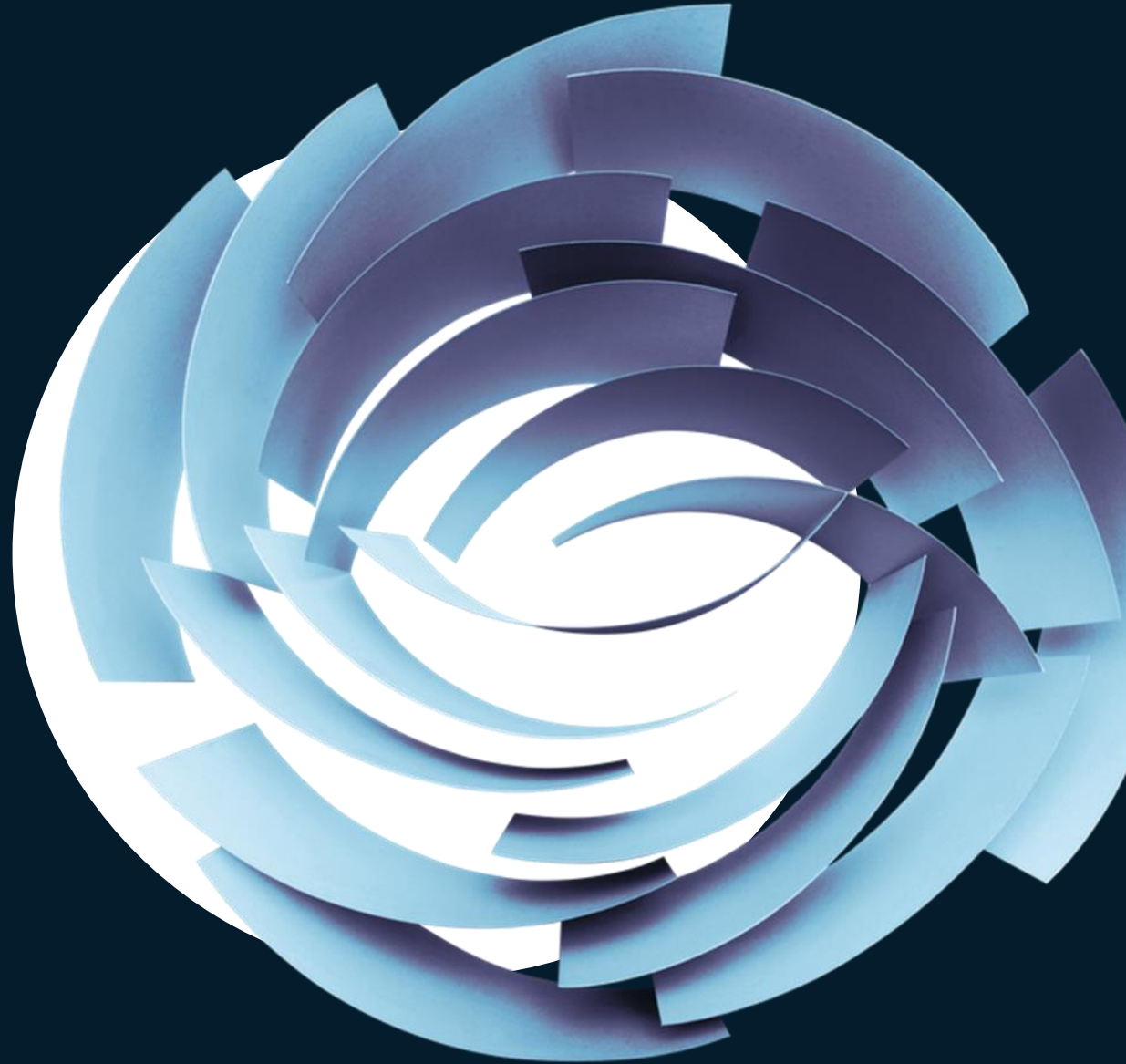
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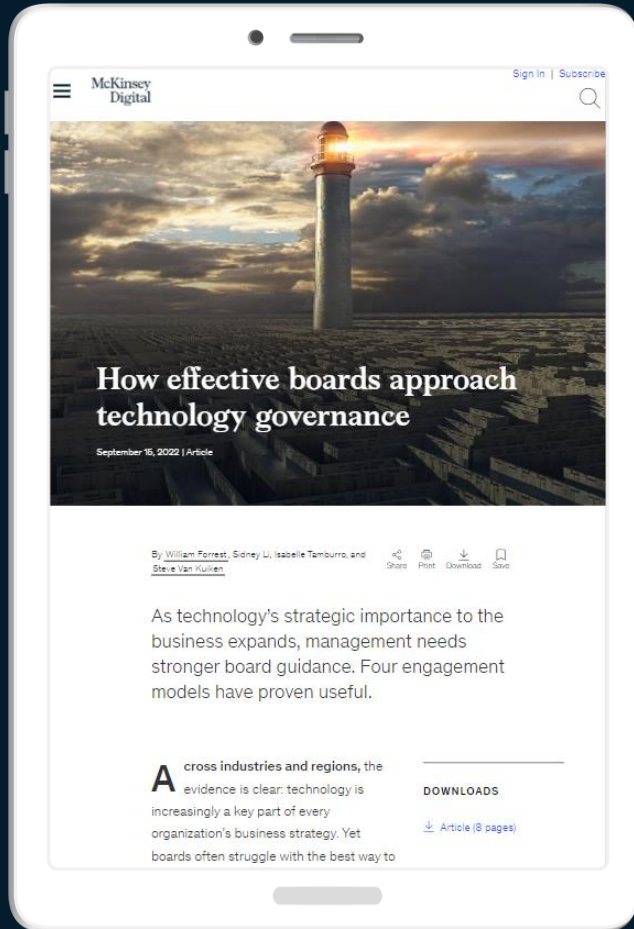


Q&A



Additional Reading: “How effective boards approach technology governance”

Published September 22, 2022 on McKinsey.com



“As technology’s strategic importance to the business expands, management needs stronger board guidance. Four engagement models have proven useful.”

Four effective models through which boards engage with management on technology issues:

1. Regular, full-board engagement as a recurring agenda item
2. Formal, standing technology committees
3. Temporary and/or advisory tech committees
4. Informal engagement on select topics

Article Link

<https://www.mckinsey.com/capabilities/mckinsey-digital/our-insights/how-effective-boards-approach-technology-governance>

Thank you



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